



Treasure

Breastfeeding was my first choice in feeding my child. However, when my milk came in I was engorged all the time. In just four weeks I already had an overload in my freezer, and would literally have my milk man (my Dad) come to my house and store the excess milk in his deep freeze.

At my two-month checkup, I asked my doctor for advice on what could be done to reduce the overproduction of milk. He strongly recommended I donate to the Milk Bank. He told me that back in the day I would have been considered a "treasure," because I would be able to feed the babies whose own mothers could not produce enough milk. After hearing this I knew it was the right choice.

Although I was only able to donate for two months, both Olivia and I were happy to have shared this precious gift with others. I have shared with others how helpful the Milk Bank is for recipients and the donors alike.

I will definitely donate again.

-Stephanie Duron